



- Full member of the Portuguese Order of Psychologists (nr. 18717)
- Specialist in Educational Psychology
- ORCID: <http://orcid.org/0000-0002-9903-7289>

PROFESSIONAL ACTIVITY

- Since 2023 Psychotherapist (Online, Santo Ovídeo Clinic, Medinicta) since 2023 Trainer (CRIAP Institute)
- Assistant Professor (UPorto) since 2018.

ACADEMIC AND PROFESSIONAL TRAINING

- since 2022 Specialization in Cognitive Behavioral Therapy (APTCCI) 2020 Specialization in Sports Psychology (CRIAP Institute) 2015-18 Post-Doctorate in Psychology (UPorto)
- 2010-14 PhD Program in Psychology (UPorto, 1 semester USA) 2005-10 Integrated Master in Psychology (UPorto)

SCIENTIFIC ACTIVITY

- +60 publications in peer-reviewed international journals
- +100 presentations at national and international peer-reviewed conferences
- Principal Investigator of the M2S Project (NORTE-01-0145-FEDER-028404; budget: €239,995)
- 3 awards for published work (John R. Hayes Award, John R. Hayes Award for Excellence in Research Writing, Portuguese Association of Experimental Psychology Award)
- Member of the editorial board of international journals
- +200 reviews of articles in international journals
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ACADEMIC ACTIVITY

- Regent of the Curricular Units Sports Psychology and Psychological Intervention Models II
- Supervision of masters, doctorates and internships
- Participation in doctoral and master's degree committees as the main examiner
- Development of +10 continuing education courses (+300 hours of training provided)

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